# Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services NH Local Choice HMO CSR100

# Coverage Period: 01/01/2025 — 12/31/2025 Coverage for: Individual + Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, www.harvardpilgrim.org/public/eoc?pdid=PD0000201101. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-888-333-4742 to request a copy.

Important Questions	Answers	Why This Matters
What is the overall <u>deductible</u> ?	\$0 Benefits are administered on a calendar year basis.	See the Common Medical Events chart below for your costs for services this <b>plan</b> covers.
Are there services covered before you meet your <u>deductible</u> ?	Yes. All covered services, including preventive care, are covered before you meet your deductible.	This <b>plan</b> covers some items and services even if you haven't yet met the <b>deductible</b> amount. But a <b>copayment</b> or <b>coinsurance</b> may apply. For example, this <b>plan</b> covers certain <b>preventive services</b> without <b>cost-sharing</b> and before you meet your <b>deductible</b> . See a list of covered preventive services at https://www.healthcare.gov/coverage/ preventive-care-benefits/.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out–of–pocket limit</u> for this <u>plan</u> ?	Not Applicable.	This <b>plan</b> does not have an <b>out-of-pocket limit</b> on your expenses.

Important Questions	Answers	Why This Matters
What is not included in the <u>out-of-pocket</u> <u>limit</u> ?	Not Applicable.	This plan does not have an <b><u>out-of-pocket limit</u></b> on your expenses.
Will you pay less if you use a <u>network provider</u> ?	Yes. See https://www.harvardpilgrim.org/ public/find-a-provider or call 1-888-333-4742 for a list of preferred providers.	This <b>plan</b> uses a <b>provider network</b> . You will pay less if you use a <b>provider</b> in the plan's <b>network</b> . You will pay the most if you use an <b>out-of-network provider</b> , and you might receive a bill from a <b>provider</b> for the difference between the <b>provider's</b> charge and what your <b>plan</b> pays ( <b>balance-billing</b> ). Be aware your <b>network</b> <b>provider</b> might use an <b>out-of-network provider</b> for some services (such as lab work). Check with your <b>provider</b> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes.	This <b>plan</b> will pay some or all of the costs to see a <b>specialist</b> for covered services but only if you have a <b>referral</b> before you see the <b>specialist</b> .

All **<u>copayment</u>** and <u>**coinsurance**</u> costs shown in this chart are after your <u>**deductible**</u> has been met, if a <u>**deductible**</u> applies.

		What You Will Pay			Lingthations	
Common Medical Event	Services You May Need		ng Provider ay the least)	Non-Participating Provider	Limitations, Exceptions, & Other Important	
		Tier 1 Provider	Tier 2 Provider	(You will pay the most)	Information	
If you visit a health care provider's office	Primary care visit to treat an injury or illness	No charge; <u>deductible</u> does not apply	No charge; <u>deductible</u> does not apply	Not covered	None	
or clinic	Specialist visit	No charge; <u>deductible</u> does not apply	No charge; <u>deductible</u> does not apply	Not covered	None	
	Preventive care/ screening/ immunization	No charge; <u>deductible</u> o	loes not apply	Not covered	Prescribed FDA approved contraceptives are not subject to cost-shares. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive.	

			What You Will Pay		Lingitations	
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)		Non-Participating Provider	Limitations, Exceptions, & Other Important	
		Tier 1 Provider	Tier 2 Provider	(You will pay the most)	Information	
					Then check what your <b>plan</b> will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	X-rays: No charge; <u>deductible</u> does not apply Laboratory: No charge; <u>deductible</u> does not apply	X-rays: No charge; <u>deductible</u> does not apply Laboratory: No charge; <u>deductible</u> does not apply	Not covered	None	
	Imaging (CT/PET scans, MRIs)	No charge; <u>deductible</u> does not apply	No charge; <u>deductible</u> does not apply	Not covered	None	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.harvardpilgrim.or 2024CoreNH5T.	Generic drugs g/			Not covered	Core NH formulary - covers a limited list; not all drugs are covered You pay retail price for Out of Network pharmacy drugs and are reimbursed minus applicable <u>cost</u> <u>sharing</u> . Covered only outside of service area.	
	Preferred brand drugs			Not covered		
	Non-preferred brand drugs	30-Day Retail Tier 4: No not apply 90-Day Mail Tier 4: No not apply	charge; <u>deductible</u> does charge; <u>deductible</u> does	Not covered		
	Specialty drugs	30-Day Retail Tier 4: No not apply 90-Day Mail Tier 4: No not apply	o charge; <u>deductible</u> does charge; <u>deductible</u> does	Not covered	Some drugs must be obtained through a Specialty Pharmacy.	

			What You Will Pay			
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)		Non-Participating Provider	Limitations, Exceptions, & Other Important	
		Tier 1 Provider	Tier 2 Provider	(You will pay the most)	Information	
		30-Day Retail Tier 5: No not apply 90-Day Mail Tier 5: No not apply	charge; <u>deductible</u> does charge; <u>deductible</u> does			
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No charge; <u>deductible</u> does not apply	No charge; <u>deductible</u> does not apply	Not covered	None	
	Physician/surgeon fees	No charge; <u>deductible</u> does not apply	No charge; <u>deductible</u> does not apply	Not covered		
If you need immediate medical attention	Emergency room care	No charge; <u>deductible</u> c	No charge; <u>deductible</u> does not apply			
	Emergency Medical Transportation	No charge; <u>deductible</u> does not apply			None	
	Urgent Care	Urgent care center: No charge; <u>deductible</u> does not apply	Urgent care center: No charge; <u>deductible</u> does not apply	Urgent care center: Not covered	Non-participating providers are only covered outside the service area.	
If you have a hospital stay	Facility fee (e.g., hospital room)	No charge; <u>deductible</u> does not apply	No charge; <u>deductible</u> does not apply	Not covered	None	
	Physician/surgeon fee	No charge; <u>deductible</u> does not apply	No charge; <u>deductible</u> does not apply	Not covered		
If you need mental	Outpatient services	No charge; <b><u>deductible</u></b> d	loes not apply	Not covered	None	
health, behavioral health, or substance abuse services	Inpatient services	No charge; <u>deductible</u> c	loes not apply	Not covered		

Common Medical Event	Services You May Need	Participating Provider (You will pay the least)		Non-Participating Provider	Limitations, Exceptions, & Other Important
		Tier 1 Provider	Tier 2 Provider	(You will pay the most)	Information
If you are pregnant	Office visits	No charge; <u>deductible</u> does not apply	No charge; <u>deductible</u> does not apply	Not covered	Cost sharing does not apply for preventive services (such as routine prenatal visits).
	Childbirth/delivery professional services	No charge; <u>deductible</u> does not apply	No charge; <u>deductible</u> does not apply	Not covered	
	Childbirth/delivery facility services	No charge; <u>deductible</u> does not apply	No charge; <u>deductible</u> does not apply	Not covered	
If you need help recovering or have	Home health care	No charge; <u>deductible</u> does not apply	No charge; <u>deductible</u> does not apply	Not covered	None
other special health needs	Rehabilitation services Habilitation services	Physical Therapy: No charge; <u>deductible</u> does not apply Occupational Therapy: No charge; <u>deductible</u> does not apply Speech Therapy: No charge; <u>deductible</u> does not apply	Physical Therapy: No charge; <u>deductible</u> does not apply Occupational Therapy: No charge; <u>deductible</u> does not apply Speech Therapy: No charge; <u>deductible</u> does not apply	Not covered	Physical, Occupational & Speech Therapy - 60 combined visits/ calendar year
	Skilled nursing care	No charge; <u>deductible</u> does not apply	No charge; <u>deductible</u> does not apply	Not covered	- 100 days/ calendar year
	Durable medical equipment	No charge; <u>deductible</u> o	loes not apply	Not covered	None
	Hospice services	No charge; <u>deductible</u> does not apply	No charge; <u>deductible</u> does not apply	Not covered	For inpatient see "If you have a hospital stay"

Common Medical Event	Services You May Need	Participating Provider (You will pay the least)		Non-Participating Provider	Limitations, Exceptions, & Other Important
		Tier 1 Provider	Tier 2 Provider	(You will pay the most)	Information
If your child needs dental or eye care	Children's eye exam	No charge; <u>deductible</u> does not apply	No charge; <u>deductible</u> does not apply	Not covered	- 1 exam/ calendar year
	Children's glasses			Frames & lenses OR contacts every 12 months up to end of month child turns 19	
	Children's dental check-up				Exchange plans <b>may</b> have separate coverage

# **Excluded Services & Other Covered Services:**

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)						
<ul> <li>Abortion (except in cases of rape, incest, or when the life of the mother is endangered)</li> <li>Cosmetic Surgery</li> <li>Dental Care (Adult)</li> </ul>	<ul> <li>Infertility Treatment</li> <li>Long-Term Care</li> <li>Non-emergency care when traveling outside the U.S.</li> <li>Private-duty nursing</li> </ul>	<ul> <li>Routine foot care (except for diabetes or systemic circulatory diseases)</li> <li>Services that are not Medically Necessary</li> <li>Weight Loss Programs</li> </ul>				
Other Covered Services (This isn't a complete list. Check your policy or <u>plan</u> document for other covered services and your costs for these services.)						
• Acupuncture	Chiropractic Care	• Routine eye care (Adult) - 1 exam every 2				
Bariatric surgery	• Hearing Aids - 1 hearing aid/ impaired ear	calendar years				

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform, or the Department of Health and Human Services, Centers for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov, or for more information on your rights to continue coverage, you can contact the Member Service number listed on your ID card or call 1-888-333-4742. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

HPHC Member Appeals-Member Services Department Harvard Pilgrim Health Care of New England, Inc. 1 Wellness Way Canton, MA 02021-1166 **Telephone: 1-888-333-4742 Fax: 1-617-509-3085**  New Hampshire Insurance Department 21 South Fruit Street, Suite 14 Concord, NH 03301 **1-800-852-3416** www.nh.gov/insurance consumerservices@ins.nh.gov State of New Hampshire Insurance Department 21 South Fruit Street, Suite 14 Concord, NH 03301 **1-603-271-2261** 

# Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

#### Does this plan meet the Minimum Value Standard? Yes

If your **plan** doesn't meet the **Minimum Value Standards**, you may be eligible for a **premium tax credit** to help you pay for a **plan** through the **Marketplace**.

### Language Access Services:

De assistência em Português, por favor ligue 1000.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's Type 2 Diabe (a year of routine in-network ca well-controlled condition)	re of a	Mia's Simple Fracture (in-network emergency room vi follow up care)	sit and
The <u>plan's</u> overall <u>deductible</u>	<b>\$</b> 0	■ The <u>plan's</u> overall deductible	<b>\$</b> 0	The <u>plan's</u> overall <u>deductible</u>	<b>\$</b> 0
Specialist copayment	<b>\$</b> 0	Specialist copayment	<b>\$</b> 0	Specialist copayment	<b>\$</b> 0
Hospital (facility) copayment	<b>\$</b> 0	Hospital (facility) <u>copayment</u>	\$O	Hospital (facility) copayment	<b>\$</b> 0
Other <u>copayment</u>	<b>\$</b> 0	Other <u>copayment</u>	<b>\$</b> 0	Other <u>copayment</u>	<b>\$</b> 0
This EXAMPLE event includes serviceslike:Specialist office visits (prenatal care)Childbirth/Delivery Professional ServicesChildbirth/Delivery Facility ServicesDiagnostic tests (ultrasounds and blood work)		This EXAMPLE event includes services         like:         Primary care physician         office visits (including disease education)         Diagnostic tests (blood work)         Prescription drugs		This EXAMPLE event includes serviceslike:Emergency room care (including medical supplies)Diagnostic test (x-ray)Durable medical equipment (crutches)Rehabilitation services (physical therapy)	
Specialist visit (anesthesia) Total Example Cost	\$12,700	Durable medical equipment (glucos Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay	:	In this example, Joe would pa	y:	In this example, Mia would pa	y:
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	<b>\$</b> 0	Deductibles	<b>\$</b> 0	Deductibles	<b>\$</b> 0
Copayments	<b>\$</b> 0	Copayments	<b>\$</b> 0	Copayments	<b>\$</b> 0
Coinsurance	<b>\$</b> 0	Coinsurance	<b>\$</b> 0	Coinsurance	<b>\$</b> 0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	<b>\$</b> 0	Limits or exclusions	<b>\$</b> 0	Limits or exclusions	<b>\$</b> 0
The total Peg would pay is	\$0	The total Joe would pay is	\$0	The total Mia would pay is	\$0

The **plan** would be responsible for the other costs of these EXAMPLE covered services.

## Language Assistance Services

Español (Spanish) ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están a su disposición. Llame al 1-877-907-4742 (TTY: 711).

Português (Portuguese) ATENÇÃO: Se você fala português, encontram-se disponíveis serviços linguísticos gratuitos. Ligue para 1-877-907-4742 (TTY: 711).

Kreyòl Ayisyen (French Creole) ATANSYON: Si nou palé Kreyòl Ayisyen, gen asistans pou sèvis ki disponib nan lang nou pou gratis. Rele 1-877-907-4742 (TTY: 711).

**繁體中文 (Traditional Chinese)** 注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-877-907-4742(TTY:711)。

Tiếng Việt (Vietnamese) CHÚ Ý: Nếu quí vị nói Tiếng Việt, dịch vụ thông dịch của chúng tôi sẵn sàng phục vụ quí vị miễn phí. Gọi số 1-877-907-4742 (TTY: 711).

Русский (Russian) ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-877-907-4742 (телетайп: 711).

(Arabic) العربية

إنتياه: إذا أنت تتكلم اللغة **العربية ،** خَدَمات المُساعَدة اللغوية مُتَوفرة لك مَجانا. \* إتصل على 4742-907-1877

(TTY: 711)

**ខ្មែរ (C**ambodian) ្រសុំជូនដំណឹង៖ បើអ្នកនិយាយភាសាខ្មែរ, យើងមានសេវាកម្មបកប្រែ ជូនលោកអ្នកដោយឥតគិតថ្លៃ។។ ចូរ ទូរស័ព្ទ 1-877-907-4742 (TTY: 711)។

Français (French) ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-877-907-4742 (ATS: 711).

Italiano (Italian) ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-877-907-4742 (TTY: 711).



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**한국어 (Korean)** '알림': 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-877-907-4742 (TTY: 711) 번으로 전화해 주십시오.

Ελληνικά (Greek) ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, υπάρχουν στη διάθεσή σας δωρεάν υπηρεσίες γλωσσικής υποστήριξης. Καλέστε 1-877-907-4742 (TTY: 711).

Polski (Polish) UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-877-907-4742 (TTY: 711).

हिंदी (Hindi) ध्यान दीजिए: अगर आप हिंदी बोलते हैं तो आपके लिये भाषाकी सहायता मुफ्त में उपलब्ध है. जानकारी के लिये फोन करे. 1-877-907-4742 (TTY: 711)

ગુજરાતી (Gujarati) ધ્યાન આપો : જો તમે ગુજરાતી બોલતા હ્યે તો આપને માટે ભાષાકીય સહ્યય તદ્દન મફત ઉપલબ્ધ છે. વિશેષ માહિતી માટે ફોન કરો. 1-877-907-4742 (TTY: 711)

**ພາສາລາວ (Lao)** ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ 1-877-907-4742 (TTY: 711).

ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call 1-877-907-4742 (TTY: 711).



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#### General Notice About Nondiscrimination and Accessibility Requirements

Harvard Pilgrim Health Care and its affiliates as noted below ("HPHC") comply with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity). HPHC does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity). HPHC does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity). HPHC:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, other formats)
- Provides free language services to people whose primary language is not English, such as qualified interpreters.

If you need these services, contact our Civil Rights Compliance Officer.

If you believe that HPHC has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity), you can file a grievance with: Civil Rights Compliance Officer, 1 Wellness Way, Canton, MA 02021-1166, (866) 750-2074, TTY service: 711, Fax: (617) 509-3085, Email: civil\_rights@point32health.org. You can file a grievance in person or by mail, fax or email. If you need help filing a grievance, the Civil Rights Compliance Officer is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 (800) 368-1019, (800) 537-7697 (TTY)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

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